

Youth x Justice Exchange Session

These are the session outlines of the youth x justice exchange sessions, available on:

SESSION OVERVIEW	
1 hour	Start up phase
40 min	Start exchange: <ul style="list-style-type: none">• Spoken word• Introduction round• Post-its: expectations / wishes for the exchange• Chinese boxing
45 min	Storytelling – interviewing
30 min	Storytelling and presentation
15 min	Dilemma Tuesday
15 min	Aftertalk

SESSION OUTLINE

<p>Start-up phase</p> <p>Duration: 1 hour</p>	<p>In a separate room (45 min):</p> <p>Young people arrive and are prepared for the session. The moderator and experience experts do a check-in, go through the program together and can land on location and in the team.</p> <p>Payment to the youth (travel costs + contribution) - it can take place before or after the session, but it is important to communicate accordingly. They sign the form as proof of receipt.</p> <p>In the session room (15 min)</p> <p>The experience experts + facilitator arrive in the room. The facilitator speaks to the contact person / host and makes contact with the participants. The experience experts are sitting somewhere in the room, chatting together.</p> <p>In this situation there is still a us/them atmosphere in the room. Sometimes there is a little tension before the start of the session - a positive tension, such as nerves before a performance.</p>
<p>Start exchange</p> <p>Duration: 40 min</p>	<p>Welcome speech (10 min)</p> <p>Moderator introduces himself and opens with a welcome speech. Moderator briefly talks about the organization and the work they do (who we are) + who and what the Youthlab is.</p> <p>Ice-breaker (5 min)</p> <p>Moderator continues the welcome speech with a spoken word recitation. Young people and participants are sitting in a large circle.</p>

	<p>Introduction round (10 min)</p> <p>Everyone briefly introduces themselves. Moderator starts as an example: name, role, institution.</p> <p>Experience expert mentions: <i>name, place of residence, why did you join Youthlab?</i></p> <p>Participant mentions: <i>name, place of residence, why do you work at [name of institution]? How do you hope to help young people through your role?</i></p> <p>Chinese boxing (15 min)</p> <p>Moderator explains exercise and asks the group to make pairs. Young people and participants are mixed in teams as much as possible.</p> <p>This exercise is about standing firmly, giving space and resisting through physical contact: with hands together. The competition element provides focus and fun for the pairs - who can push the other person/the koi the most out of balance?</p> <p>After a few rounds the trainer calls the groups together and we meet again in the circle.</p>
<p>Storytelling – interview*</p> <p>Duration: 45 min</p>	<p>Moderator explains the Storytelling assignment to the group:</p> <p>Each experience expert is linked to 3–4 participants. They will interview the youth person, with questions provided by the moderator plus ask their own questions.</p> <p>Moderator hands out the questionnaires.</p> <p>Moderator walks around, keeps track of the time and steps in, if necessary.</p>

<p>*preparation sheet for this activity in Annex 1</p>	
<p>Break 15 min</p>	
<p>Storytelling - presentation</p> <p>Duration: 30 min</p>	<p>Participants present the story of the experience experts to the group through the eyes of the youth (in a first-person narrative: I/me/mine).</p> <p>After the presentation, the young person may give feedback or make additions to the story. There is also room for questions from the public, meant for the group or the experience expert.</p> <p>Moderator facilitates and appoints the next group for their presentation.</p>
<p>Dilemma Tuesday - statements & debate</p> <p>Duration: 15 min</p> <p>*preparation sheet for this activity in Annex 2</p>	<p>The facilitator provides a number of statements to experience experts and professionals, who must make choices between A <u>or</u> B - there is no neutral choice.</p> <p>For each statement, 1 participant and 2 young people have their turn to substantiate their claim. Both sides will be allowed to voice their argument.</p> <p>The facilitator reads the statements and ensures that everyone who wants to speak has a say, also supporting the young person if they get stuck in their argument.</p> <p>In addition to moderating the discussion, the facilitator is also there to encourage the youth to express their opinion and how they experiences things.</p>

	<p>The facilitator controls the conversation and concludes it, in order to maintain tempo and a safe atmosphere in the right way.</p>
<p>Aftertalk Duration: 15 min</p>	<p>Experience experts and participants can still ask each other questions. Everyone in the circle briefly tells what their insights are after the session. .</p> <p>Participants write on post-its what they have learned from the exchange and write a tip/top to the host organization.</p> <p>The facilitator repeats some nice reactions and findings of the day, asks for applause for the young people and thanks the participants for their involvement during the exchange.</p>

Annex 1: Storytelling assignment

The preparation for this activity should take place before the exchange sessions – either earlier in the same day or days before. The YouthLab facilitator is responsible for supporting the youngsters in telling their story in a way that is compelling to the participants (professionals). The questions are then provided to the professionals during the session.

Instruction:

Answer these questions in a storytelling-style. Storytelling means: to really take the audience on your journey: What did it look like? How did it smell? What did you feel? Keep it personal.

Take the audience to your background story

1. I started a life of crime because...
How do you think it started?
2. My home situation was..
Where do you come from, in what kind of family did you grow up in? Did this help you or not?
3. Did you grow up in an environment where friends and family also came in contact with police/justice?
4. What I needed then to be positive in life is..
5. People who mean a lot to me in life are.., because..
6. What I would give other young people in conflict with the law is..

During the hearing you felt like this

1. This is how I felt the first time in a courtroom with judges and an officer
2. Later, [if applicable] I began to experience hearings like this

The less good prosecutor

1. The time I got a very bad feeling because of an prosecutor, it went like this...
Why did this prosecutor give you such a bad feeling? How did he/she make verbal and non-verbal contact?
2. What do you think he or she could have done differently

The good prosecutor

3. The time an prosecutor could really get through to me went like this...
How did you feel? What made this prosecutor get through to you? How did the prosecutor approach you?

Focus on the future

My biggest dream right now is....

Annex 2: Dilemma Tuesday

Instructions to facilitator: read out 3 of the statements below and ask participants if they think they are A. True or B. False. Feel free to make a selection of statements to be used.

1. Crime is a choice
2. Long-term incarceration is best for high impact crime
3. A prosecutor can never devise an appropriate punishment if a young person has not been able to tell their own story
4. If I delve too much into the stories of young people, it affects me too much and I can't do my job well
5. When I'm nice to young people, they don't understand how serious the situation is. Then I won't get through to them
6. As an officer, you must remain professional. If you act from emotion, you can never make the right decision
7. It is impossible to be an empathetic and objective officer at the same time
8. I often feel the harder I try, the worse I am at reaching out